



Dear parents/ guardians,

As August begins, we look forward to celebrating our 59<sup>th</sup> National Day. This milestone highlights our shared journey and unity as one Singapore. Let's continue to embrace resilience, inclusivity, and unity as we strive towards a brighter future together, as one united people.

### 1. Staff Movement

- a) We would like to welcome the following staff to the WSPS family:
  - Mr Loh Dong Cherng Maverick (Teacher)
- b) We would also like to bid farewell to and thank the following staff for their contributions in WSPS:
  - Mr Muhammad Nizal Bin Razali (Teacher)

### 2. Emergency Preparedness Exercise

The school will conduct an emergency preparedness exercise on **5 August 2024, Monday**, to train our pupils and staff in safety and evacuation procedures. To facilitate the conduct of the evacuation exercise, there will be a suspension of timetable. A snack break will be provided before the exercise and recess timings for P1 to P6 will be adjusted as follows:

**Snack break (for all levels):** 7.45 am

**P1 and P3 Recess:** 10.15 am to 10.45 am

**P2 and P4 Recess:** 10.45 am to 11.15 am

**P5 Recess:** 11.15 am to 11.45 am

**P6 Recess:** 11.45 am to 12.15 pm

Your child/ward may bring a small bag to keep his/her story book, pencil case, light snacks and water bottle. Pupils who are medically/physically unwell will be excused from the evacuation exercise. Please do not hesitate to contact your child's/ward's C4RE Teacher if you have queries.

### 3. National Day Celebrations 2024

This year's National Day theme 'Together, As One United People' highlights the collective strength of our people and underscores the importance of every citizen rallying together to share our future and uplift those around us.

The school will be celebrating National Day on **8 August 2024, Thursday** and school hours will be from **7.30 a.m. to 10.30 a.m.**

To enhance the celebratory mood, pupils are strongly encouraged to come in red T-Shirt and school skirt/shorts or PE attire as they will be participating in ACES workout. As the school canteen will be closed due to the curtailed school hours, pupils are to bring some light snacks, preferably local traditional snacks. Bringing traditional snacks allows us to celebrate and appreciate our rich cultural heritage, adding to the festive atmosphere.

To celebrate this important and significant event, every pupil will receive a National Day souvenir: a reusable tote bag specially designed by our very own White Sandians. This souvenir aligns

with our national initiative to go green, encouraging pupils to reduce the use of plastic bags by opting for reusable alternatives, thereby helping to decrease waste and protect our environment.

To instill in our pupils the values of care and empathy towards the elderly, the school will be organizing a donation drive from **5 August, Monday to 16 August 2024, Friday**. Through this donation drive, we hope to provide the beneficiaries with some of their daily necessities. Below are the items that we will be collecting:

1. Milk powder (approx. 550g)
2. Milo 3 in 1 (sachets in a pack)
3. Coffee 3 in 1 (sachets in a pack)
4. Biscuits (approx. 250g)
5. Healthy nuts (approx. 400g)

Pupils are encouraged to bring any of the above donated items to school on the collection week. They are to place the donated items at a designated space in the classrooms. The donation drive is for the elderly residents from our partnering homes. We hope that you can join us in this effort to show kindness and bring smiles to their faces as we celebrate Singapore's 59<sup>th</sup> birthday.

#### **4. PSLE Oral Days**

As stated in July In-Link bulletin, PSLE Oral will be conducted on **13 and 14 August 2024**. Please note that Primary 1 to 5 pupils **are not required** to report to school on these 2 days. P6 pupils will be informed of the time to report nearer the dates. For more information, please refer to SEAB website:

<https://www.seab.gov.sg/docs/default-source/examination-timetable/2024-psle-exam-timetable.pdf>

#### **5. Learning Journey to Gardens by the Bay for Primary 2 Pupils**

As part of the Student Development Experiences, the school will be organising a learning journey to Gardens by the Bay for the Primary 2 pupils during school curriculum hours. The learning journey will be on **26 and 28 August 2024**.

More details on the learning journey will be sent via Parents Gateway (PG) nearer to the dates.

#### **6. Museum-Based Learning Journey to the National Gallery of Singapore for Primary 4 Pupils**

The Primary 4 pupils will embark on an educational learning journey to the National Gallery of Singapore as part of their compulsory module on museum etiquette. This excursion will immerse our pupils in the captivating world of art, history, and culture of Singapore's past and present while also learning about proper behaviour and decorum while visiting a museum gallery. The details of the learning journey are as follows:

Date: 27 August 2024, Tuesday

Time: 1.00pm – 4.30pm

More details on the learning journey will be shared via Parent Gateway (PG) nearer to the date.

#### **7. Teachers' Day Celebration**

The school will be celebrating Teachers' Day on **29 August 2024, Thursday**. This year's theme is "You are Beautiful". This day is dedicated to honouring and appreciating the hard work and dedication of our teachers, who play a significant role in shaping the lives of our pupils. It is a reminder that teachers embody beauty through their dedication, passion, and unwavering

commitment to their pupils. On this day, pupils and teachers will participate in meaningful activities. School hours will be from **7.30 a.m. to 10.30 a.m.** Please note that the school canteen will be closed due to the curtailed school hours. Below is the list of items pupils need to bring:

P1 & P2 Pupils	P3 to P6 Pupils
<ul style="list-style-type: none"> <li>• A small bag</li> <li>• Story book</li> <li>• Water bottle</li> <li>• Light snacks</li> <li>• Pencil case</li> <li>• Colouring materials to design card</li> </ul>	<ul style="list-style-type: none"> <li>• A small bag</li> <li>• Story book</li> <li>• Water bottle</li> <li>• Light snacks</li> </ul>

Please also note that **30 August 2024, Friday** is a school holiday.

### 8. Healthy Living #6: How to Help Your Child Sleep Better

Ensuring your child gets a good night’s sleep involves establishing bedtime routines, maintaining regular sleep schedules, creating a comfortable sleep environment, and encouraging healthy daytime habits. Here are some tips to help your child sleep better:

- a) **Set Up a Bedtime Routine:** Create a consistent bedtime routine. For younger children, this might include a bath and a story time. Older children can benefit from a chat about their day and quiet time before bed.
- b) **Encourage Relaxation Before Bedtime:** Help your child wind down with activities like reading, listening to gentle music, or deep breathing. If your child takes longer than 30 minutes to fall asleep, extend his/her wind-down time.
- c) **Maintain Regular Sleep and Wake Times:** Keep your child’s bedtimes and wake-up times consistent within 1-2 hours, even on weekends and holidays, to regulate his/her body clock.
- d) **Limit Naps for Older Children:** If your child over five still naps, keep it short (under 20 minutes) and early in the afternoon to avoid disrupting nighttime sleep.
- e) **Manage Noise and Light in Your Child’s Bedroom:** Reduce blue light exposure by turning off devices at least an hour before bedtime, keeping screens out of the bedroom, and dimming lights before bed.

By following these tips, you can help your child develop healthy sleep habits that will contribute to their overall well-being and academic success. A well-rested child is more likely to be alert, focused, and ready to take on the challenges of the day.

### 9. Growth Mindset Nuggets #7: Embracing Diversity to Foster Inclusivity and Growth

This year’s NDP celebration’s theme – “Together, As One United People” embodies our nation’s success and resilience, showcasing how our diversity fosters inclusivity, community, and trust. In school, we promote racial harmony through events like Racial Harmony Day, which educate pupils on diversity and cultivate a culture of respect and inclusivity through regular discussions and activities celebrating various cultures and traditions. Fostering harmony enables our pupils to learn and grow together as a class, allowing open-mindedness and creating many opportunities to learn from one another.

At the heart of these efforts is the growth mindset, which encourages pupils to view challenges as opportunities to develop their abilities and understanding. By embracing diversity and

practising inclusivity, pupils learn to appreciate different perspectives, adapt to new situations, and continually grow both academically and personally.

As parents, we hope you can reinforce these values at home by encouraging open conversations about diversity and teaching your children to appreciate different cultures. In addition, by explicitly role-modelling inclusivity and open-mindedness in your daily interactions, you can significantly impact their learning and development of a growth mindset.

For additional information on fostering racial inclusivity, please visit this website: <https://www.schoolbag.edu.sg/story/hands-up-for-racial-harmony-day-how-you-can-commemorate-the-occasion-with-your-child/>

Thank you for your kind attention to the above information. Wishing all a Happy National Day in advance!

Your partner-in-education,



Ms Audrey Wong  
Principal