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IN LINK Bulletin

August 2025

Dear parents/ guardians,

We are excited to celebrate Singapore's 60th National Day this August! This significant milestone in our nation's journey marks six decades of progress, resilience, and unity. As we honour our past and celebrate how far we have come, let us look ahead with hope and purpose — building our Singapore together through shared effort, care, and commitment.

Following are some important information for your noting:

1. Staff Movement

We would like to bid farewell to and thank the following staff for their contributions in WSPS:

- Mr Loh Dong Cherng Maverick (Teacher)
- Mr Muhammad Zulhilmi Bin Zolkefli (Teacher)

2. Emergency Preparedness Exercise

The school will conduct an emergency preparedness exercise on **5 August 2025**, **Tuesday**, to train our pupils and staff in safety and evacuation procedures. To facilitate the conduct of the evacuation exercise, there will be a suspension of timetable. Recess timings for P1 to P6 will be adjusted as follows:

P1 and P4 Recess: 9.30 am to 10.00 am **P2 and P3 Recess**: 10.00 am to 10.30 am **P5 and P6 Recess**: 10.30 am to 11.00 am

Your child/ward only needs to bring a small bag to keep his/her story book, pencil case, light snacks and water bottle. Please do not hesitate to contact your child's/ward's C4RE Teacher if you have queries.

3. National Day Celebrations 2025

This year's SG 60 National Day carries the theme 'Building Our Singapore Together'. The theme invites us to celebrate our nation-building journey and reflect on the shared values of multiculturalism, boldness, resilience, and openness that have united us and enabled our progress over the past 60 years.

The school will be celebrating National Day on **8 August 2025**, **Friday**, and school hours will be from **7.30 a.m. to 10.30 a.m.**

To enhance the celebratory mood, pupils are strongly encouraged to come in red T-Shirt and school skirt/shorts or PE attire, as they will be participating in ACES workout during the celebration. Please note that the <u>school canteen will be closed</u> due to the curtailed school hours. Pupils are to bring some light snacks for their own consumption.

To commemorate this significant milestone, every pupil will receive a National Day souvenir, which includes a notebook and stickers — both specially designed by our very own White Sandians. The sticker designs were thoughtfully created based on our students' heartfelt interpretations of what Singapore means to them, making each piece uniquely meaningful. The accompanying notebook features cherished poems and school cheers, reflecting our students'

genuine pride in the nation. These souvenirs represent more than just keepsakes — they are creative expressions of our students' connection to Singapore and this historic SG60 celebration.

In conjunction with SG60 and to instill the values of care and empathy, the school will be organising a donation drive to support the elderly residents of our partnering homes. Through this initiative, we aim to provide them with daily necessities and share the spirit of National Day with those in need.

We will be collecting the following items:

- 1. Milk powder (approx. 550g)
- 2. Milo 3-in-1 (sachets per pack)
- 3. Coffee 3-in-1 (sachets per pack)
- 4. Biscuits (approx. 250g)
- 5. Healthy nuts (approx. 400g)

Students are encouraged to bring any of the above items during the collection period from **28 July 2025, Monday to 7 August 2025, Thursday**, and place them in the designated collection area in their classrooms. Your support in this meaningful initiative will help brighten the lives of our elderly beneficiaries and reflect the caring spirit of SG60.

4. PSLE Oral Days

As stated in July In-Link bulletin, PSLE Oral will be conducted on **13 and 14 August 2025**. Please note that Primary 1 to 5 pupils **are not required** to report to school on these 2 days. P6 pupils will be informed of the time to report nearer the dates. For more information, please refer to SEAB website: https://file.go.gov.sg/2025-psle-exam-timetable.pdf

5. Teachers' Day Celebration

The school will be celebrating Teachers' Day on **4 September 2025, Thursday**. This year's theme, "Seeds of Knowledge, Garden of Gratitude", honours the nurturing relationship between teachers and pupils. Just as a dedicated gardener tends to young seedlings, our teachers guide and cultivate young minds with patience, care, and unwavering commitment.

On this day, school hours will be from **7.30 a.m. to 10.30 a.m.** Please note that the school canteen will be closed due to the curtailed school hours. Pupils are reminded to bring the following items:

- A small bag
- A storybook
- A water bottle
- Light snacks
- Pencil case

We look forward to a joyful and meaningful celebration with our pupils and staff, as we come together to show appreciation for our dedicated teachers.



Supporting Food Sustainability (in support of: #GoGreenSG)

As Singapore continues its journey towards a more sustainable future, one crucial area we must all pay attention to is food sustainability. Our nation currently imports over 90% of its food, making us highly vulnerable to disruptions in the global food supply chain.

Here are some simple ways you can help your child develop good habits in sustainable food practices:

- Value every bite Encourage your child to take only what they can finish at meals to minimise food wastage.
- **Support local produce** Look out for the SG Fresh Produce label when shopping to support our local farmers.
- **Try home gardening** Plant simple vegetables together to help your child understand how long it takes to grow food.

Visit https://www.sfa.gov.sg/farming/sg-fresh-produce-logos/sg-fresh-produce-logos to find out more about the SG Fresh Produce label.

Let us work together to empower our pupils to protect Singapore's future food supply and environment!

7. Healthy Living #6: Building Resilience Through Physical Challenges

Sports and physical activities are powerful tools for developing essential life skills. They teach children how to face challenges, work as a team, and adopt a growth mindset. As parents, you can support this journey by encouraging your child to set achievable goals. Start with small, manageable steps that gradually increase in difficulty. These early successes help build confidence and a sense of accomplishment.

When setbacks happen — whether it's losing a game or struggling with a new skill — use them as learning opportunities. Help your child reflect on what went wrong and think about how they can improve. Reinforce the message that setbacks are a natural part of learning and an important step toward growth.

Celebrate your child's effort, not just the outcome. Acknowledge their hard work and determination, regardless of the result. This helps them understand that resilience means bouncing back and continuing to work towards their goals.

Finally, be a role model. Share your own experiences with challenges and how you overcame them. Your response to setbacks will shape how your child views their own. Together, you can cultivate a resilient mindset that will support them not just in sports, but throughout life.

8. Growth Mindset Nuggets #7: Instilling Hope for the Future

In today's Volatile, Uncertain, Complex and Ambiguous (VUCA) world, resilience and adaptability are vital for our young learners to navigate challenges and embrace change. At school, we strive to nurture a resilient mindset in White Sandians by fostering positive self-beliefs and equipping them with the skills to overcome difficulties. One key resource we use is the Resilience Learning Aid — "I Am, I Can, I Have" (see Annex A).

This learning aid encourages students to tap into their internal strengths, recognise their capabilities, and build supportive networks around them. Through this, they develop the grit needed to manage challenges and grow through adversity.

As parents/guardians, you play an important role in supporting your child's resilience. Simple, everyday conversations that affirm their strengths, acknowledge their efforts, and guide them through problem-solving can make a big difference. Acts such as listening with full attention, encouraging them to try again after setbacks, and celebrating small wins all help build a strong and positive mindset.

You can also spark reflection by asking open-ended questions like:

- "What helped you get through that challenge?"
- "What would you do differently next time?"

Such questions help children learn from experience and recognise their own strengths. Together, let's empower our children with a strong foundation of self-belief, skills, and support — so they can grow with confidence and be ready for the future.

Thank you for your kind attention to the above information. Wishing all a Happy National Day in advance!

Your partner-in-education,

Ms Audrey Wong Principal

Resilience Learning Aid

I AM

refers to the thoughts and beliefs about ourselves and the situation that helps us overcome the challenge.

I am responsible for my actions



I HAVE

refers to the people around us who can help, support and encourage us.

I have someone to turn to when I need help

I CAN

refers to the things that we can do to help us calm down and think of solutions to solve our problem.

I can use Stop-Think-Do

